

# MRTI News

## Minneapolis Retired Teachers Inc.

### Website

[www.mrti.org](http://www.mrti.org)

### Board of Directors

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952-926-8258 pappyryder@gmail.com

**Asst. Treasurer / Scholarship Chair** - Sylvia Farrells - 952-888-8771  
angelseyf@gmail.com

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## MRTI Welcomes New Retirees



*24 Newly-retired teachers take the spotlight*

On Tuesday, September 15, twenty-four newly-retired Minneapolis Public Schools teachers attended their first MRTI luncheon - a joyous celebration of their many years of service to Minneapolis Public Schools. Part of a class of 93 retirees, our guests introduced themselves, giving their names, the schools from which they retired and the number of years they had taught, which ranged from 19 - 39 years!

The capacity crowd of well-wishers included Teachers Union President Lynn Nordgren, Lee Ann Dow, substituting for Interim Superintendent Michael Gore, Board Vice Chair Kim Ellison, Tim Maurer from TRA, Ed Anderson from the Committee of 13, Jane Suhr, Mary Delorie, and Jeff Altringer and over one hundred MRTI members, happy to welcome our colleagues to the wonderful world of retirement.

The afternoon's entertainment was provided by Dr. Dale Anderson. His presentation, "Live it up-Laugh for the Health of it!" focused on the mental, physical and social



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## HEALTH INSURANCE SEMINAR PLANNED

Have you been frustrated with our health care costs, premiums spiraling out of control, drug costs rising? Recent changes in health care and Medicare have caused many of us to become anxious and distraught.

### THERE IS HOPE!

The Senior Medicare Support Program has helped many of us reduce our supplemental premiums and drug costs with flexible plans, accessing hands-on personal service and support to understand our options more clearly. In most cases we didn't even change insurance companies, obtaining the same or better coverage at a reduced premium.

You are invited to the second annual informational meeting (beginning with a light lunch) on Tuesday, November 10, 12:30-2:30 pm at the Minneapolis Jewish Community Center (JCC), 4330 Cedar Lake Road, St. Louis Park. This seminar will help you learn how you may lower your health care premiums and drug costs without compromising benefits, and get ongoing free Medicare support. The seminar will be led by Leslee and Bobby Gold, Minnesota Medicare Consultants.

The JCC has graciously offered to provide lunch for attendees, and since there is limited space, you will need to make a reservation to attend. Reservations must be received by Tuesday, October 27, with the following information:

NAME, PHONE, EMAIL (if you have one) to:

Gayle Marko	OR	Elmer Koch
3030 Lynn Ave. So., #14		9218 10 Ave. So.
St. Louis Park, MN 55416		Bloomington, MN
952-920-1395		55420
		952-888-7321
		EandJKoch@comcast.net



## Welcome New Retirees *cont.*

health benefits of a positive attitude. Among the techniques Dr. Anderson taught the audience was "The Paraphrased, Massaged & Doctored Wisdom of Constantine Stanislavski." Using the principles created by the inventor of Method Acting, Dr. Anderson has developed the Method of Acting, in which you act "As If" you are feeling (happy, creative,

optimistic, etc.) and through acting generate the endorphins which will stimulate the true feelings which you are enacting.



We sang songs, enjoyed the contagious power of laughter and came away with a new understanding of the importance of the mind-body

**ACT**  
**HAPPY**  
Prescribing happiness is good medicine!



## *Fall Luncheon Menus*

**October 20 - Vegetarian Lasagna**

**November 17 - Salisbury Steak**

**December 15 - Turkey Dinner**

You may request a meatless entree when you are called for a reservation. Our phone callers record both names and phone numbers for reservations which will be checked off at the ticket table. No-shows will be billed for the cost of the luncheon.

If you have **NOT** been called by **Monday, a week before the luncheon**, and you wish to attend, please call **Gayle Marko** to make a reservation: **952-920-1395**.

\$

**Have you renewed your MRTI membership for 2015-2016?**

**It's not too late!**

Dues must be received by Nov. 12 to insure your inclusion in the 2016 Yearbook.

Your \$20 donation will provide you with:

- the 2016 Yearbook
- the MRTI Newsletter
- the opportunity to enjoy our excellent monthly luncheons and programs as well as special events
- access to our MRTI website
- the chance to stay connected to our wonderful profession, reconnect with colleagues and make new friends.

Mail your check to Denny Lander,

4841 York Avenue So. Minneapolis, MN 55410-1821

\$

## **2015 MRTI Scholarship** **Winners**

Each year, MRTI awards \$2000.00 scholarships to current Minneapolis Public Schools employees who are pre-service or currently licensed teachers and are seeking either initial or additional licenses. After reviewing this year's applications, the MRTI Scholarship Committee has selected two recipients:

**Bobby Malone** has been with the Minneapolis Public Schools for 18 years, in the area of Special Education as an Educational Support Professional in Autism Special Education, grades 2-5. Presently she is attending Minneapolis Community and Technical College, hoping to graduate by December 2016 with an Associates in Science degree in Human Resources. She will then continue to pursue licensure in Autism Spectrum Disorders, Emotional Behavior Disorders, and Learning Disorders, as well as a Bachelor in Education degree. She has four more classes to go.

In addition, she has served adults with various disabilities who reside in group homes. She has been a personal care attendant for over 20 years and is state-certified as a PCA.

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## Congratulations to 2015 Minneapolis Public Schools Retirees

Terry A. Abel	Fred E. Harms	Rochelle G. Patten
Jennifer M. Akers	John D. Haugen	Ianne M. Pearson
Diane M. Amundson	Vicki L. Hede	Julie A. Peters
Julie A. Anderson	Beverly S. Hermanstorfer	Paulette M. Prentice
Judith L. Azar	Mary K. Hill	Lynn M. Rankinen
Colleen A. Barksdale	Susan A. Hinrichs	Robert D. Reed
Zeevi Becker	Pamela A. Holland-Mills	Lisa S. Riley
Cheryl A. Best	Rosemary S. Holman	Mark D. Rizzardi
Pari Beyzavi	Remi V. Huyen	Julie A. Savold
Coreen S. Blau	Penelope D. Jones	Anne L. Scheible
Frank W. Bliss	Christine A. Kammerer	Sue M. Schweitzer
Barbara J. Boerboon	Susan M. Kaplan	Michele Seif
Patricia Bowles	Rae Jean Karel	Adnan H. Shati
Cynthia F. Brown	Lynda M. Kelley	Craig S. Smith
Jeneane E. Butrum	Patricia M. Kelly	Dennis L. Sponsler
Siknin J. Chan	William B. King	Merrilee O. Sullivan
Bounna Chhun	Gustavo Lanata	Frank J. Suppa
Adrienne B. Chivers	William A. Lee	Lynn M. Tausch
James Christy	Leslie L. Leik	Lynn M. Tenhoff
Thomas F. Dunn	Mary Leoni	Jesse Thomas
Peter E. Elliott	Mary J. Luzius	Linda N. Tuff
Michael R. Engel	Alan G. Martinucci	Stephen A. Ullom
Janice B. Evans	Latham P. Miller	Lia Venchi
Thomas C. Feri	Tom Murray	Donna A. Von Lehe
Elizabeth A. Ford	Mahin Myrum	Kathleen M. Weidenbach
Kathleen A. Ford	Theresa A. Nelson	David L. Weisser
Annette Gagliardi	Eva J. Neubeck	Sherry D. Wood
Meri L. Gauthier	Patricia O'Donnell	Jeff W. Wynne
Susan H. George	Kathryn O'Gorman	Jerry Y. Yang
Patricia A. Hall	Victoria B. Okusami	Deborah W. Youngquist
Meredith A. Halsne	Denise M. Olson	Ellen Zampino
Gail F. Hanevold	Janet J. Parrish	





Become a Graduation Coach at Minneapolis Public High Schools with Achieve Mpls for the 2016/17 school year! Achieve Mpls is the strategic nonprofit partner of the Minneapolis Public Schools and works to ensure academic achievement, equitable opportunities and career and college readiness for all students. You can help us accomplish this by becoming a Graduation Coach.

The Achieve Mpls Graduation Coaches program provides personalized mentoring to help Minneapolis students graduate on time and plan for life after high school. Students benefit from a positive relationship with an adult outside of the family, gain confidence in their academic abilities, and build connections with their peers and school community.

The Graduation Coaches program is ideal for adults who want to make a tangible difference and brighten our city's prospects one student at a time. The impact on students is great:

- 92% of student respondents said they feel more confident exploring post-graduation options
- 90% said they had a meaningful relationship with their Coach
- 88% are now more likely to apply to college
- 94% of Coach respondents said they had a rewarding experience

We are currently looking for adults who are interested in participating for the 2016-2017 school year. For more information and to get on the interest list, contact Amy Shapiro at

[ashapiro@achievempls.org](mailto:ashapiro@achievempls.org)

or call 612-455-1530.

You can make the difference in a student's life!

## Scholarship Recipients cont.

**Carmen Vanegas** is currently teaching Physics at Wellstone International High School in Minneapolis, housed at Roosevelt High School. Wellstone is a school for newcomer immigrant and refugee students aged 14-23, and all are English-language learners.

Because she did not have the knowledge and skills to effectively teach academic literacy to English learners, Carmen decided to complete an ESL licensure program through Hamline University. All of her course work is completed; what is left is student teaching which she hopes to complete this summer. With her newfound teaching methods, students are better able to reach the literacy skills that allow them to achieve a deeper understanding of content and to gain oral academic language proficiency. With her ESL licensure, Carmen will be allowed to teach ESL classes which will carry credits for students and be a paid position for her.



### Do you have an interesting story?

Did you just take the trip of a lifetime? Do you have a hobby you'd like to tell us about? Contribute an article to the Newsletter!

Contact Chris Poppe at  
[chpop001@gmail.com](mailto:chpop001@gmail.com).

## 2015-2016 Program Schedule



### **October: Eva Gross,**

Nazi Concentration Camp survivor  
Craft Fair and sale of items made  
by MRTI members (10:30 am)



### **November: Bill & Kate Isles**

Singer, song-writer, story-telling duo whose  
distinctive voices blend beautifully on  
original and familiar songs.



### **December: Holiday music program presented by Folwell Fine Arts Magnet School**

**January:** To be Announced



### **February: The Hon. Alan Page,**

Associate Justice (retired),  
Minnesota Supreme Court



### **March: Larry Risser's photographs & Bob Jibben's narration show Jibben's collection of scales**

**April:** To be Announced



### **May: Steven Marking, a nature & wildlife photographer and Opera singer will present a slide show with music and narration**

**June:** Special End-of-the-year Event,  
to be announced

## Did You Know...

MRTI contributes to many  
programs that support  
Minneapolis children?

Your dues support annual  
contributions to:

- Achieve! Minneapolis
- Mary's Place
- Boys and Girls Clubs of Minneapolis
- Jeremiah Program
- Harriet Tubman Center
- Groveland Food Shelf
- St. Joseph's Home for Children
- People Serving People
- Minneapolis Recreation Development

### Committee of 13

- Represents both active & retired teachers
- Functions as a political action committee, aiming to influence state legislators to (a) protect current TRA benefits and (b) gain vital TRA pension improvements solely in the Legislature's power.

Please give generously to help the  
Committee of 13 continue its  
important work.

## Sailing, Sailing Over the Bounding Main

MRTI Board *cont. from page 1*

**Past President** - Joanne Lambrecht  
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joanne.lambrecht@yahoo.com

**Legislative chair** - Ed Andersen  
763-577-9699 ander630@umn.edu

**Membership Chair** - Denny Lander  
612-926-8478 dlander222@gmail.com

**Investments Chair** - Larry Risser  
952-941-8833 lerisser10@gmail.com

**Newsletter** - Chris Poppe  
612-688-8722 chpop001@gmail.com

**Program Chair** - Becky Grover  
612-920-6357 rlgrover14@gmail.com

**Advisor to the Board** - Elmer Koch  
952-888-7321 EandJKoch@comcast.net

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Barbara Kuenne - 763-542-9890

Mitchell Trockman - 763-545-7500  
mitch.trockman@comcast.net

Margaret Tuma - 612-756-2808  
margaretuma313@gmail.com



## MRTI's End of the Year Extravaganza

June 2015

## Boat cruise on Lake Pepin's *Pearl of the Lake*



Photos courtesy  
of Larry Risser

Trip Arranged by  
Denny Lander





Minneapolis Retired Teachers, Inc.  
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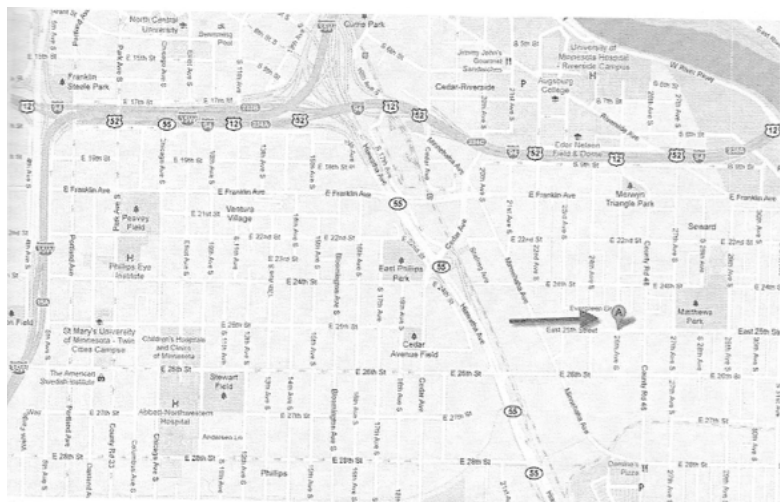
MRTI Newsletter October 2015  
Chris Poppe, editor

Articles, opinion essays and  
comments are welcome and  
should be directed to:

Chris Poppe  
3851 Queen Ave. N  
Minneapolis, MN 55412  
[chpop001@gmail.com](mailto:chpop001@gmail.com)

### **Our meeting location**

Eagles Club #34/ American Legion  
(On the corner of E. 25th St. & 25th Ave. S)  
2507 E. 25th Street



Plenty of free parking!